



BLUE COHOSH ROOT

Botanical Name: *Caulophyllum thalictroides*

Common Name: Beechdrops, blueberry, blue ginseng, papoose root, squaw root, yellow ginseng

Medicinal part: Rootstock

Description: From the single stalk rising from the ground, there is a single, large, three-branched leaf plus a fruiting stalk. The bluish-green leaflets are tulip-shaped, entire at the base, but serrate at the tip. Its species name, *thalictroides*, come from the similarity between the large highly divided, multiple-compound leaves of Meadow-rue (*Thalictrum*) and those of Blue Cohosh.



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